



# Lamar Little League

## Basic Equipment Specifications and Limitations

2009 Little League, Inc.

### Equipment (Rule No.)

<b>Bat (1.10)</b>	<b>Maximum Length:</b>	<b>33"</b>	<b>T-ball – Major</b>
		<b>34"</b>	<b>Junior</b>
		<b>36"</b>	<b>Senior - Big</b>
	<b>Maximum Barrel:</b>	<b>2 1/4"</b>	<b>T-ball – Major</b>
		<b>2 5/8"</b>	<b>Junior - Big</b>
		<b>1.15</b>	<b>T-ball – Major</b>
	<b>BPF limit [Printed]:</b>		
	<b>Length-weight limit [Drop]:</b>	<b>-3</b>	<b>Junior - Big</b>
	[“Little League Approved” on label]		
	<b>Donut-type swing weight NOT ALLOWED</b>		
<b>Shoes (1.11h)</b>	<b><u>No</u> metal spikes</b>		<b>T-ball – Major</b>
	<b>Metal spikes permitted</b>		<b>Junior - Big</b>
<b>Jewelry (1.11j)</b>	<b>No jewelry of any kind</b> [exception Medical I.D.]		<b>T-ball – Big</b>
<b>Gloves-fielders (1.14)</b>	<b>12" max length [except 1B, catcher]</b>		<b>T-ball – Big</b>
	<b>7 3/4" max width</b>		<b>T-ball – Big</b>
<b>Gloves-catchers (1.14)</b>	<b>Must wear a catcher's mitt</b>		
<b>Gloves-pitchers (1.15a)</b>	<b>Also must be of uniform color; Not gray or white</b> <b>If multi-colored, no white or light gray colors</b>		
<b>Helmets (1.16)</b>	<b>Must have NOCSAE stamp; cannot be painted or have decals applied without permission from manufacturer.</b>		
<b>Protective clothing (1.17)</b>	<b>Males must wear supporters</b>		
	<b>Catchers must wear hard protective cup</b>		
	<b>Males must use long-style chest protectors [with flap]</b>		
	<b>Females may use either long- or short-style chest protectors</b>		

It is the goal of Lamar Little League to provide a safe and fun environment for everyone. This is accomplished by abiding by the rules and spirit of Little League, Inc. to preserve fairness and provide consistency amongst the worldwide Little League program. Every participant must recognize that violations of the above rules could lead to the immediate removal of non-conforming equipment from the game or the offending player from the playing field. It is the responsibility of the parents, guardians and team managers to ensure that their players have appropriate equipment, protective gear and are dressed properly for play. Lamar Little League retains the right to institute additional safety rules at its discretion. Umpires will conduct play accordingly.

## Equipment Guidelines

### Common Glove Size & Use by Position

<b>10-3/4" and smaller</b>	<b>2<sup>nd</sup> Base</b>
<b>11" - 11-1/2"</b>	<b>Middle Infield</b>
<b>11-3/4"</b>	<b>Infield</b>
<b>12"</b>	<b>Utility Infield / Outfield</b>
<b>12-1/2" **</b>	<b>Outfield</b>
<b>13" **</b>	<b>Outfield</b>

\*\* - size not permitted under Little League, Inc. rules

### Bat Sizing; Most Popular Lengths by Age (metal bats)

Age	5-7	8-9	10	11-12	13-14	15-16
Length (in.)	24-26	26-28	28-29	29-31	31-32	32-33

Age Range	Comments
<b>5-12</b>	Average length to weight drop <b>-10 to -12</b> ; <b>max length 33"</b>
<b>13-14</b>	Junior League <b>-8.5 to -5</b> drop; <b>2-5/8"</b> diameter; <b>max length 34"</b>
<b>14-18</b>	High School requirement <b>-3</b> drop; <b>2-5/8"</b> max diameter
	<i>Drop: numeric difference Length minus Weight</i>