

# Saturday Morning Walk-in Injury Clinics

Saturdays, 9 a.m. - 11 a.m.

Sports injuries don't conveniently fit into most people's schedules. The Saturday Morning Walk-In Clinic offers a convenient weekend option for all athletes who have sustained acute injuries during interscholastic, league or club sporting activities during the week. The clinic is aimed at all levels of athletes who need urgent, easily accessible service, to assess the severity of their injury and begin the recommended treatment as quickly as possible to speed their return to their sport.

Full diagnostic and initial treatment will be available including x-rays, splints, supports, casting and crutches.

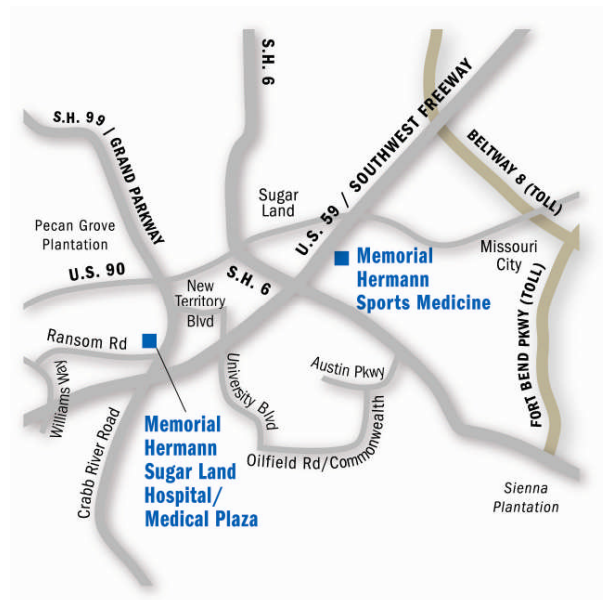
Athletes are seen on a first-come, first-served basis. If the athlete will arrive after 10:45 a.m., please call 281-725-5895 to ensure the physician will be available upon arrival.

If the athlete is unable to come to the Saturday clinic, please call the Memorial Hermann Sugar Land Sports Medicine & Rehabilitation Center Monday morning and we will arrange to see the athlete as soon as possible.

## **Please Remember to Bring With You**

- A parent or guardian if you are under the age of 18.
- Student's personal Insurance card
- Student's social security card or number
- Signed school insurance claim form
- Shorts if you are coming for diagnosis and treatment of a foot, ankle or knee injury





The fastest route to Memorial Hermann Sugar Land Hospital is on Hwy. 59 to S.H. 99/Grand Parkway, but here are some alternative routes to use during high traffic times.

#### Traveling South on Hwy. 59 from Sugar Land

- A** In the morning hours and until 4 p.m., it is best to stay on Hwy. 59 and exit at S.H. 99/Grand Parkway. Continue through the light in the middle lane at S.H. 99 and turn right into the parking lot at the front of the hospital. (3.5 miles)
- B** Between the hours of 4 and 8 p.m., exit at University Boulevard from Hwy. 59 and turn right at the light. University Boulevard will turn left into New Territory Boulevard. When you get to the light at Grand Parkway, turn left and head towards Hwy. 59. Stay in the right-hand lane. The hospital will be on your right. (5.5 miles)

#### Traveling North on Hwy. 59 from Rosenberg

- C** In the morning hours until 10 a.m., exit off Hwy. 59 at Williams Way and turn left. Stay on Williams Way until the stop sign at Ransom Road, turn right. Ransom Road will take you directly to the hospital. You will turn left into the parking lot. (2.75 miles)
- D** At any other time of day, stay on Hwy. 59 and exit S.H. 99/Grand Parkway, turn left under the freeway, then left again at the feeder light. Continue straight until you reach the hospital entrance on the right. (2 miles)

#### Traveling North on Hwy. 6 from Missouri City

- E** From Missouri City, there are two ways to get to Memorial Hermann Sugar Land. You can travel north on Hwy. 6 to Hwy. 59 and turn left under the freeway then follow the "A" directions above.
- F** Or, from Hwy. 6 South, you can turn left onto Austin Parkway, then turn left onto Oilfield Road/Commonwealth Boulevard. Commonwealth Boulevard turns into University Boulevard, then runs into Hwy. 59. Depending on the time of day, you can continue under the freeway and follow the "B" directions above on University Boulevard or turn left under the freeway then follow the "A" directions above. (11.75 miles)

**MEMORIAL<sup>®</sup>**  
**HERMANN**  
 Sports Medicine &  
 Rehabilitation

Memorial Hermann Sports Medicine  
 & Rehabilitation Center  
 17510 West Grand Parkway South, Suite 100  
 Sugar Land, Texas 77479  
 281.725.5895

memorialhermann.org  
 713.222.CARE